

Public Libraries: Partners for Health Communities

National Network of Libraries of Medicine (NNLM)

NIH

- **National Institutes of Health**
- Nation's health research agency
- 27 institutes and offices

NLM

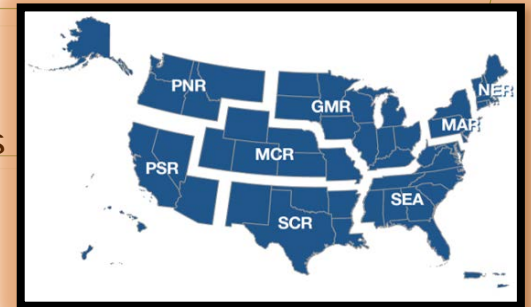
- **National Library of Medicine**
- 1 of the 27 NIH institutes
- World's largest biomedical library

NNLM

- **National Network of Libraries of Medicine**
- Education and Outreach program
- Comprised of 8 Regional Medical Libraries (RMLs) and 5 offices

MCR

- **Greater Midwest Region (NNLM MCR)**
- 1 of the 8 RMLs
- Serves 10 states



Learning Objectives

Consumer Health Information and Literacy

NNLM and *All of Us* Resources

Public Library Health & Wellness Programming

Consumer Health

What is it? Why is it important?

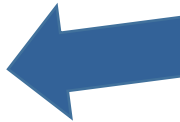
Patient's Bill of Rights

- Empower people to take an active role in their health
- Strengthens relationships with health care providers
- Establish patient's in dealing with insurance companies



Quiz: Health Status

What is the strongest predictor of an individual's health status?

- Age
- Income
- Employment status
- Education
- Literacy skills 
- Racial/ethnic group

What is Health Literacy?

“Health literacy is the degree to which individuals have the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions.”

U.S. Department of Health and Human Services. 2000. Healthy People 2010, 2020. Washington, DC: U.S. Government Printing Office.

Why is Health Literacy Important?

- Access health care services
- Analyze relative risks and benefits
- Calculate dosages
- Communicate with health care providers
- Evaluate information for credibility and quality
- Interpret test results
- Locate health information



Requirements for Health Literacy

- Basic literacy
- Numeracy
- Biology
- Digital literacy
- Media literacy
- Cultural humility

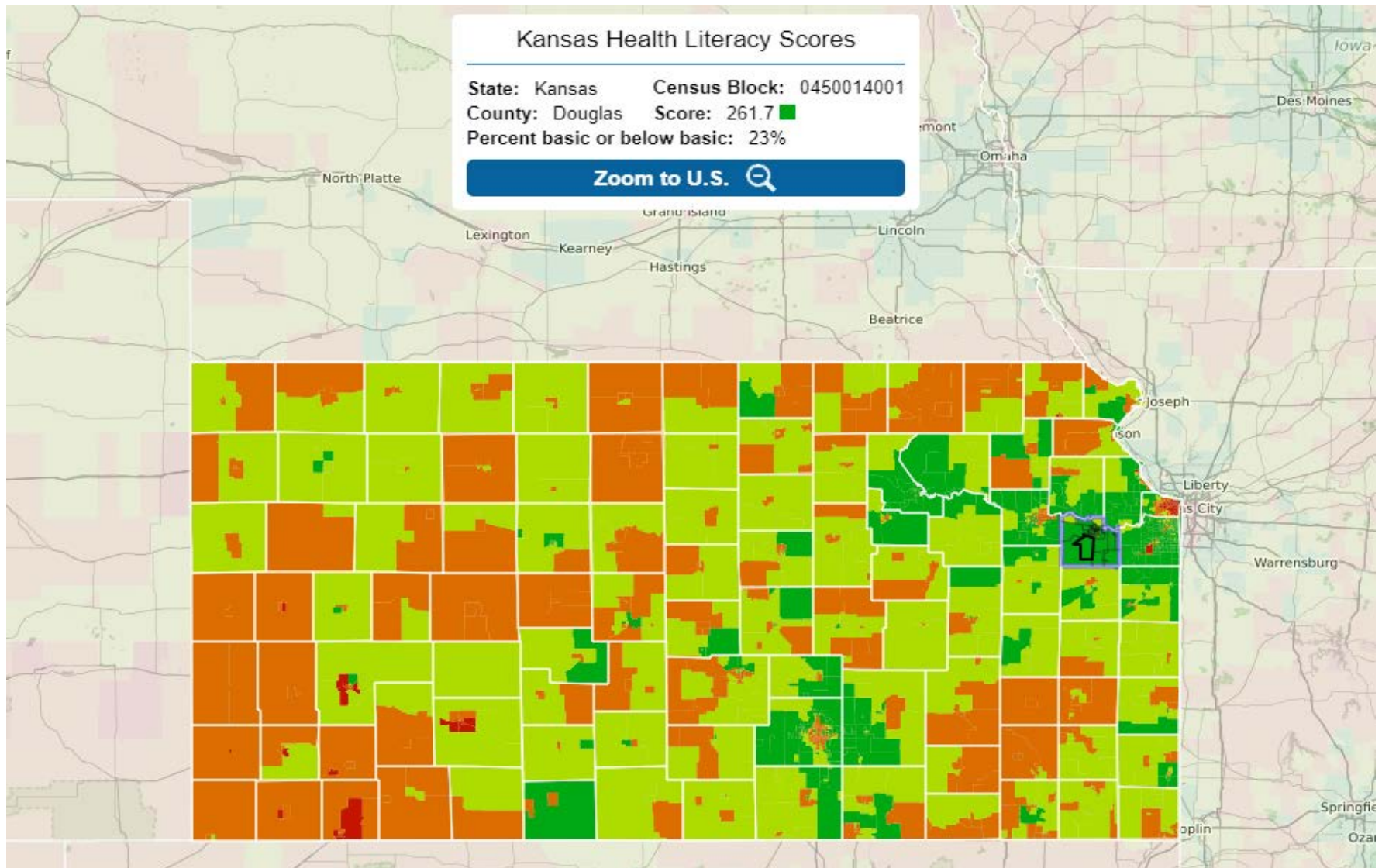


[Health Literacy Quick Guide, Health.gov](#)

Quiz: Fill in the Blank

- One out of ____ American adults reads at the 5th grade level or below.
 - 1 out of 5
- The average American reads at the 8th to 9th grade level, yet most health care materials are written above the ____ grade level.
 - 10th grade level

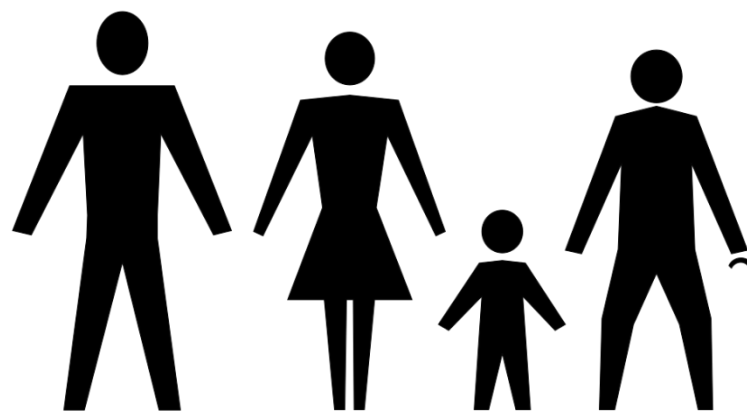
National Partnership for Women and Families – Health Literacy & Plain Language Overview



National Health Literacy Mapping to Inform Health Care Policy (2014). Health Literacy Data Map. University of North Carolina at Chapel Hill. Retrieved June 1, 2015, from <http://healthliteracymap.unc.edu/#>

Those at Risk for Low Health Literacy

- Adults over 65 years of age
- Recent immigrants
- Non-native speakers of English
- People with less than a high school education
- People with income below or at the poverty level



[This Photo](#) by Unknown Author is licensed under [CC BY-SA](#)

Cost of Health Literacy

- Poorer comprehension of nutrition labels
- Less likely to act on public health alerts
- Less likely to use preventative services
- More likely to skip tests
- Less likely to adopt healthy behaviors
- Struggle to manage chronic diseases
- Misunderstanding of prescription labels or instructions
- More emergency room visits
- More preventable hospital admissions

Office of Disease Prevention and Health. (2010). *National action plan to improve health literacy*. Washington, DC: Department of Health and Human Services.

Public Libraries

Supporting Healthy Communities

Why Public Libraries?

- Familiar and trustworthy in the community
- Support child and adult literacy
- Reliable source for free digital information

BECAUSE LIBRARIES
ARE PARTNERS
IN A HEALTHY
COMMUNITY.

LIBRARIES
TRANSFORM®
ALA/AmericanLibraryAssociation

NIH U.S. National Library of Medicine
National Network of Libraries of Medicine

Kansas Libraries



Health happens at Lawrence Public Library! We offer a variety of reliable information, resources, events, and more to connect our community to health. Our online resources are available at computers within the library or remotely from any computer with a Kansas IP address. All other resources are available at the library. If you need help using these materials or getting started with your research, stop by the Ask Desk, call 785-843-

3833, [email the reference staff](#), open a [live chat session](#), or [book a librarian](#).

Have a medical question and looking for a great place to start? Begin with [MedlinePlus](#), and check out the resources below.



Health Spot

Located past nonfiction near the study rooms, the Health Spot at Lawrence Public Library is a partnership between [LMH Health](#) and LPL, serving as a location for the community to access health resources in Lawrence through databases, health events, free screenings, and toolkits on healthy lifestyles, and more.



Find a Doctor



Health Events



LMH Health Library



LPL Health Resources

StoryWalk®



MOBILE Pantry
Coffey County – LeRoy

Tuesday – May 5, 2020

Where: Coffey County Library – LeRoy Branch
725 S. Main St, LeRoy

Time: 5:15 - 6:15

Who is Eligible: Anyone in need of food assistance may attend. This is a first come, first served basis.

What is Required: Guests sign in with their address and number in household.

- Limit one visit per household.

Limit 24

NO PETS ALLOWED AT FOOD DISTRIBUTION



For more information, contact Dede Houtman (316) 263-FOOD
www.kansasfoodbank.org



New to Medicare

Tuesday, March 31st

6:00 pm – 7:30 pm

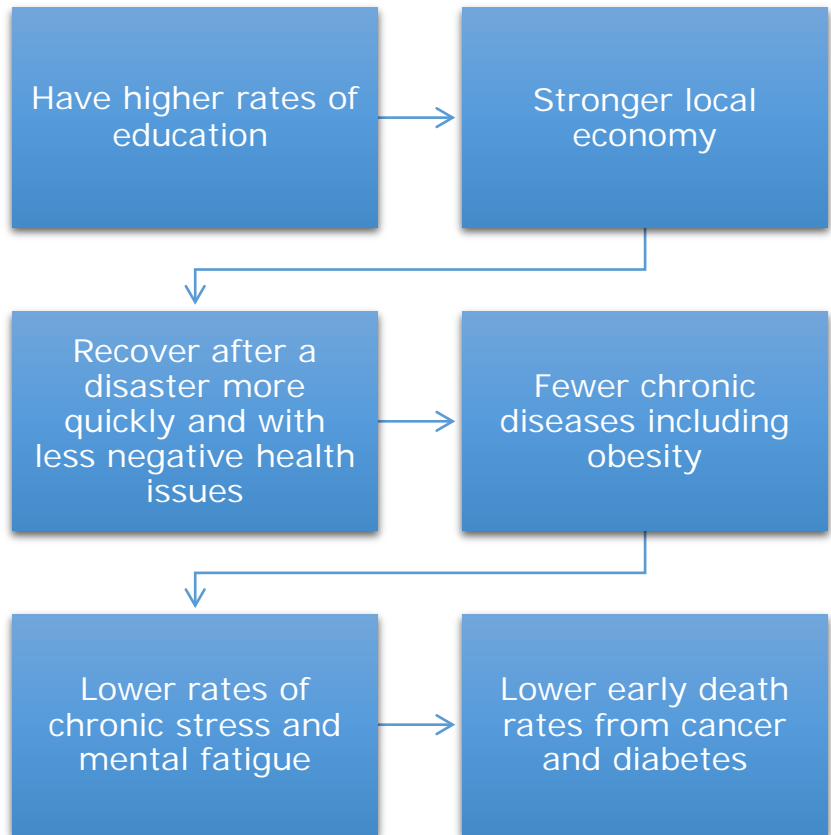
LaCygne Library
209 N. Broadway, LaCygne, KS




What do you need right now?
We want to know how we can help.
Please take our survey!



Healthier Communities



Weiss BD. Health literacy and patient safety: help patients understand. Manual for clinicians. 2nd ed. Chicago, American Medical Association Foundation and American Medical Association, 2007 (<http://www.ama-assn.org/ama1/pub/upload/mm/367/healthlitclinicians.pdf>, accessed 15 May 2013)